

# Terms & Conditions – 3-Day Documentary Meditation Retreat

Please read carefully before submitting your application.

## 1. Application & Acceptance

- Submitting this form **does not guarantee acceptance**. Participants will be selected, and only successful applicants will be notified.
- The organising body reserves the right to **reject any application at its sole discretion**.

## 2. Health & Safety

- By submitting this form, you warrant that you have disclosed all known physical, medical, or mental conditions that may affect your participation.
- You are responsible for your own health and safety, including accidents, during the retreat. The organising body is not liable for any incidents arising from undisclosed health conditions, negligence, or failure to follow directions.
- Participants may be required to obtain **medical approval** if any condition could interfere with participation.
- Participants must be aged **16 or above**. Those aged 16–17 must be supervised by a parent or an authorised adult.

## 3. Participation & Conduct

- You agree to comply fully with all retreat guidelines, instructions from monastics, and directions from the production team.
- **Nan Tien Temple (or “the organising body”) reserves the right to remove any participant who does not comply with these terms and conditions or follow instructions during the retreat.**
- **Noble Silence** must be observed throughout the retreat, except in emergencies or designated discussion periods.
- Accommodation is assigned at Pilgrim Lodge. **Twin-share rooms are allocated based on gender**. Single rooms are available for an additional fee.
- Mobile phones and electronic devices must be switched off during the retreat.
- Participants are expected to wake by **5:50 am** and return to their rooms by **9 pm**.

## 4. Dietary Guidelines

- All meals are vegetarian. No meat, seafood, alcohol, or smoking is permitted on temple grounds or at Pilgrim Lodge.

- If you have **food allergies**, please inform us in writing before the retreat. While we will try to accommodate dietary needs, alternatives cannot always be guaranteed.

## 5. Retreat Practice

- Meditation sessions follow traditional Buddhist practices. Gender segregation may be observed in the Meditation Hall to minimise distractions and support focus. This is **not intended to discriminate** but to maintain the traditional meditation environment.
- You do not need to be Buddhist to attend. Some teachings of Buddhist doctrines and practices may be introduced to enhance meditation benefits.

## 6. Filming & Media Consent

- This retreat is part of a **documentary project**. By participating, you consent to photography, videography, and interviews.
- Full cooperation with the production team is required, and all materials may be used for **educational and promotional purposes** by the organising body.

## 7. Liability & Indemnity

- Where permitted by law, the organising body is not liable for any claims arising from your own actions, omissions, or negligence during the retreat.
- You agree to indemnify the organising body against any claim, loss, or damage resulting from your actions or omissions.

## 8. Right to Amend

- The organising body reserves the right to **amend these terms and conditions** at its discretion. The latest version will always be accessible online.